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**FOR IMMEDIATE RELEASE**

## **Neelu Mehra, M.D., Named to Hospice of the Valley’s Professional Advisory Board**

**SAN JOSE, Calif., March 31, 2015** – Hospice of the Valley has named palliative care expert Neelu Mehra, M.D., DABHPM, to its Professional Advisory Board.

Dr. Mehra is the lead physician for in-patient palliative care at Kaiser Permanente in Redwood City and a teaching faculty member at UCSF. Before this, she was director of palliative medicine at Kaiser in Fresno, where she helped build a thriving inpatient and outpatient Palliative Care Program and also served as the chair of the ethics committee.

She started her career as clinical faculty and director of palliative medicine at UCSF Family Medicine Residency Program in Fresno, where she also completed her residency in family medicine and fellowship in hospice and palliative medicine. At UCSF, she taught family medicine residents, built a Palliative Care Program and started a fellowship in palliative medicine.

Dr. Mehra is deeply passionate about helping her patients thrive well in the face of adversities and realize a good quality of life in the face of chronic progressive illnesses through physical, spiritual and emotional alleviation of suffering.

“Hospice of the Valley is very fortunate to add the expertise of Dr. Mehra to our Professional Advisory Board,” said Sally Adelus, president and CEO of Hospice of the Valley. “Her wealth of experience in palliative care will be a welcome addition to the organization and the community that we serve.”

## **About Hospice of the Valley**

Celebrating nearly 35 years of service to our community, Hospice of the Valley is a nonprofit organization that exists to support patients and their families during one of life's most challenging – yet most meaningful – times. Hospice of the Valley provides serious illness and end-of-life care programs and services, including palliative and hospice care, grief counseling for adults, children and families, and emotional support, education and practical assistance. Established in July 2013, the Palliative Care Center Silicon Valley, the first independent, community-based, licensed outpatient center of its kind in California for seriously ill patients and their families, is a division of Hospice of the Valley. Hospice of the Valley also provides a community resource website for patients and families at [seriousillness.org/santaclaracounty](http://seriousillness.org/santaclaracounty). Hospice of the Valley honors all cultures, beliefs, values and traditions and is committed to serving its diverse community and providing equitable access to care for all regardless of financial ability. For more information, call 408.559.5600 or visit [hospicevalley.org](http://hospicevalley.org).

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